

**BEST PRACTICES IN
HEALTH, DANCE, AND PHYSICAL EDUCATION**



The 83rd

SCAHPERD

Convention and Exposition

November 12-14, 2010

The Kingston Plantation

Embassy Suites Resort

Myrtle Beach, South Carolina

Sponsored By



South Carolina Alliance
for Health, Physical Education,
Recreation and Dance

SCAHPERD President, Kym Kirby

SCAHPERD Executive Director, Bonnie-jean Buckett

SOUTH CAROLINA
Healthy Schools 
Working Together for Health and Learning

SC Healthy Schools supports physical educators, health educators and dance educators as an integral part of a coordinated school health approach.



Funded by the Centers for Disease Control and Prevention, SC Healthy Schools is a partnership between the South Carolina Department of Education and the Department of Health and Environmental Control. Our mission is to assist schools in their adoption and implementation of effective practices and policies that create a health-promoting environment.

To learn more about SC Healthy Schools, visit
<http://www.ed.sc.gov/healthyschools>



South Carolina
 Department of Education

Together, we can.



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Exhibitor Hours

- Friday- 12 pm to 5 pm
- Saturday- 8pm to 3pm

Demonstration Room

- Friday- 1pm to 5pm
- Saturday- 8 am to 3 pm



SCAHPERD encourages the exchange of diverse options. The ideas presented during this convention do not necessarily reflect SCAHPERD’s official position on the issues.

SCAHPERD assumes no responsibility for any statement as fact or opinion presented at the convention nor does acceptance of advertising or exhibits imply endorsement of any products or services by SCAHPERD.

If you object to products, services, or practices that have been promoted at the convention, please inform the specific exhibitors and /or presenters with whom you disagree. You are also encouraged to extend your compliments to those whom you feel provided a product or presentation of exceptional quality.

Individuals participating in convention activities do so voluntarily, and thereby assume any and all risks involved by the participation

SCAHPERD prohibits discrimination on the basis of race, color, religion, creed, sex, age, marital status, sexual orientation, national origin, disability or veteran status in the treatment of participants in, access to, or content of its programs and activities.

Annual SCAHPERD Awards Ceremony

Friday November 12th, 2010 at 5:00 PM in Kensington G

Please join us in honoring this year's award winners. The Alliance awards will be presented and the winner acknowledged by each Association. In addition, the Associations will present a number of awards to their members for outstanding service to their profession. Please take this opportunity to honor our members who have made significant contributions to the Associations and the Alliance.

SCDA Proudly Presents

"Kaleidoscope"



Saturday, November 13th, 2010 at 7:30 PM
at the Academy of Arts, Science & Technology
895 International Drive, Myrtle Beach, SC

(Directions: Left out of Plantation, Right on Arrowhead, Left on Hwy 17, Right on Robert M Grisson Pkwy which turns into International Drive... about a 8-10 minute drive)

No Fee - Donations Accepted

Showcasing dancers from all corners of our state. Kaleidoscope Features a wonderful mixture of professional, pre-professional and student choreography.

2010 SCAHPERD CONVENTION PLANNING COMMITTEE

SCAHPERD Convention Planning Chair
SCAAHE Convention Planning Chair
SCAPES Convention Planning Chair
SCDA Convention Planning Chair
FPSC Convention Planning Chair
FPSC Faculty Advisor
Convention Site Coordinator
Program Layout
Convention Theme and Program Cover Design
Audiovisual Coordinators
Registration Coordinator

Deborah Miller
Lavell Thornton
Tammy Hodges
Ashley Stock
Tom Beck
Karen Smail
Bonnie-jean Buckett
Deborah Miller, Bonnie-jean Buckett & Shannon Koch
Deborah Miller and Shannon Koch
Peggy Ondrea and Bonnie-jean Buckett
Shannon Koch

Future Professional Participants (acting as Presidents)

Anderson University
Coastal Carolina University
College of Charleston
Lander University
South Carolina State University
Winthrop University
Citadel
USC



MISSION Statement

The mission of the South Carolina Alliance for Health, Physical Education, Recreation and Dance is to promote health, physical activity and wellness among the state's citizens through effective leadership, professional development, education and advocacy.

Welcome to the 83rd SCAHPERD Convention and Exposition

Welcome to the 83rd SCAHPERD convention – *SHAG with us* (Stay Healthy, Active and Grow). It is good to be back “home” in North Myrtle Beach and back at the Embassy Suites! While we can’t promise a coastal forecast of all sunshine, we can promise a coastal forecast of “no snow!” The extended outlook promises a weekend of great sessions with a 100% chance of engaged participation.

The convention planning committee, chaired by Deborah Miller, has worked hard to organize a slate of excellent programs and workshops which will give you the opportunity to be active, be energized, be inspired...be learners. Dr. Joanne Owens-Nausler, the keynote speaker will encourage us all to *SHAG* (Stay Healthy, Active and Grow) for a lifetime and the dance/social will give you the opportunity to shag for an evening. Colleagues will be honored at the awards session and the sands of Myrtle Beach will host the future professionals Superstars (and walkers and runners). Be aware that sessions run through Sunday. Sunday attendees will have the chance to win a free weekend at Embassy Suites as well as other prizes - just attend Sunday sessions and the annual business meeting. The more Sunday sessions you attend, the more opportunities to win!

No matter what, while you are here be sure to take it all in. This is your opportunity to get away and *SHAG* a little. It is my hope that you will return to your workplace with new skills and ideas, renewed energy, commitment and dedication to *SHAG* for a lifetime.

Be sure to teach others to *SHAG* along the way!



**Kym Kirby,
2010 SCAHPERD President**



Looking for CHES or CEUs?

**Pick up packets in the
Registration Area in the
Pembroke Room.**

Name Badges

All convention participants must be registered and wear the appropriate identification badges in order to be admitted into official convention activities. Your badge is for your personal use only. For security purposes, please report individuals not wearing a name badge to the Pembroke Room. Thank you.



2010 SCAHPERD Key Note Speaker

Dr. JoAnne Owens-Nauslar

Dr. JoAnne Owens-Nauslar has spent forty years promoting the benefits of healthy active living and is considered one of the nation's most vocal personalities on issues of physical activity, physical education, and the need to "move to improve."

She has been described as Past President of almost everything, including the National Association for Sport and Physical Education; the American Alliance for Health, Physical Education, Recreation, & Dance; Nebraska AAHPERD; Central District AAHPERD; and the Husker Athletic Fund.

Dr. Jo has taught at the elementary, middle school, high school and collegiate levels of education and was the State Director for Comprehensive Health and Physical Education at the Nebraska Department of Education (19 years); Director of Professional Development for the American School Health Association for (9 years) and 6 years ago joined corporate America. She has served in numerous consultant roles for physical activity planning for state health and education departments and continues to travel to Washington, DC to advocate for legislative initiatives with a focus on health education, physical activity, physical education, and movement.

JoAnne serves as Director of Corporate/Community Development at GeoMotion Group, Inc., a Florida based company. In addition to speaking and training roles for the GeoMotion Group, she will help spearhead an initiative "Get Moving America."

As a Physical Activity Consultant to Head Start Body Start, National Center for Physical Development and Outdoor Play, and a contributor to the National Physical Activity Plan, Jo is speaking at head start centers and early childhood conferences in a effort to help policy makers and stake holders understand that we must have a healthy and more active America and the children are 30% of the population and 100% of the future. Dr. Jo believes we must "move to improve."

Join us at the General Session Friday, November 12th

Attend the General Session on Friday, November 12th at 6:15pm to welcome this year's Keynote Speaker, Dr. JoAnne Owens-Nauslar.

Let's Move It! Meaningful Movement, Brain Development & School Success

Also join us in playing Name that Tune and Deal or No Deal for the chance to win prizes. The SCAHPERD and association's awards, Superstars Presentations and American Heart Association Awards will be given out prior to this event starting at 5:00PM. The General Session will be held in Kensington G from 6:15-7:00PM. Dance to follow at 8PM.



Pre Convention Workshops
Friday, November 12, 2010

The following workshops require participants to be registered for the convention and have a current SCAHPERD membership.

Time: 9:00-10:50AM
Program Title: *CPR: Training with Certification*
Presenters: Susan Switzer
Location: Hampton
Association: SCAPES
Cost: \$25.00

Convention Program Booklet Description: CPR for non medical personnel. American Heart Association Adult/Child CPR-2 year certification. Non-written test.

Time: 10:00-3:00PM
Program Title: *Dance Workshop with Casey Noblett*
Presenters: Casey Noblett
Location: Academy of Arts, Science and Technology**
Association: SCDA
Cost: \$20.00

**The SCDA Pre-convention workshop will be held off site at the Academy of Arts, Science and Technology at 895 International Drive, Myrtle Beach, SC. Phone number for the Academy is (843) 903-8460. Directions on page 4.



Superstars 9:00 am - 3:00 pm at the Palmetto Pavilion

Superstars is a competition, held on Friday morning of the convention, in which college students from all of the colleges and universities in South Carolina compete in a variety of physical activities. It provides students with an opportunity to meet their future colleagues and to bond within their majors' clubs through friendly competition.

Refreshments will be served during Superstars events. Registration for Superstars registration begins at 9:00 AM on Friday. All future professional participants must be SCAHPERD Future Professional members and register for the SCAHPERD Convention.

Competition begins at 10:00 am at the Palmetto Pavilion located just beyond the pool.

All teams must pre-register for the event.



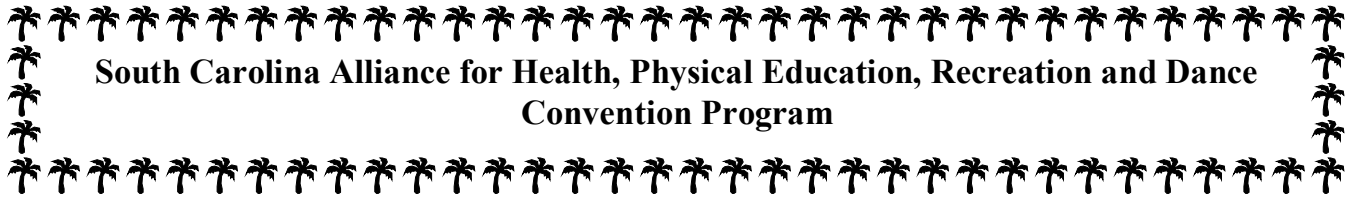
Badges must be



**Worn at all times during the
Convention!**



SCAHPERD



South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program

SCDA Presents:

Casey Noblett



SCDA is pleased to have Casey Noblett as the guest artist for our 2010 convention.


Casey began her training at the age of 3 under her mother, Toni and the Dancers' Workshop in Roxboro, NC. Six years later she would cross paths with Jacques d'Amboise during a community workshop and thus begin her training under the National Dance Institute in NYC every summer. Her dance studies continued at the North Carolina School of the Arts and then onto New World School of the Arts in Miami, Florida as well as the Atlanta Ballet, STEPS, Broadway Dance Center, The EDGE and Millennium Dance Studios.



Casey's performance credits include productions at the White House, the Kennedy Center, Lincoln Center, Madison Square Garden, Tokyo Disneyland, Tour to Kaoshiung-Taiwan; Caracas, Venezuela's NBA Jam Session, Tokyo's One Eyed Jacks, artists Sixx, Ayanna, Third Phaze, and MC Hammer, Disney World, Universal Studios, America's Junior Miss and with the NBA's Atlanta Hawks Dance Team. Her television credits include work with artists Will Smith, Gloria Estefan, Join Chayanne, and Univision's Caliente and Sabado Gigante.


Casey is constantly choreographing and teaching across the country in over 30 studios and organizations through N-House Productions. She is on staff with Spotlight Dance Cup as a regional and national judge. She is currently based out of Atlanta, GA and lives with her husband Dan and puppy Biggs.

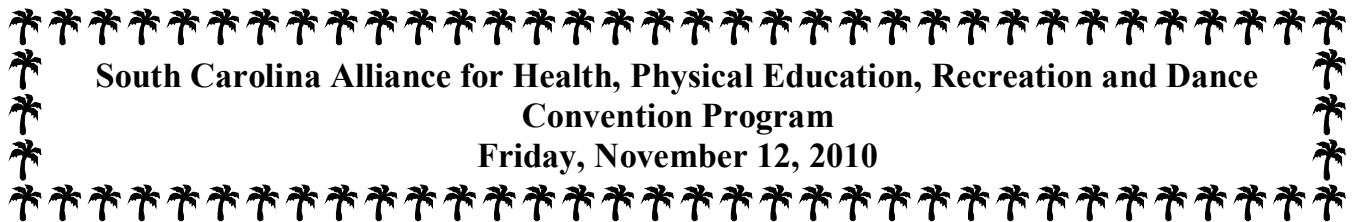
At the convention Casey will be teaching jazz technique, repirtory, and providing informal feedback to choreographers after the Kaleidoscope performance.



Kaleidoscope

Saturday, 7:30 PM
at the Academy of Arts, Science & Technology
895 International Drive, Myrtle Beach, SC




South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Friday, November 12, 2010

Time: 9:00 am– 9:50am
Program Title: *Proton Beam Therapy: A Prostate Cancer Survivor's Story*

Presenters: Paul Gustafson

Location: Eton

Association: SCAAHE

Description: Proton Beam therapy has been used to treat some forms of cancer since 1954, although few people are aware of this option. A prostate cancer survivor tells his story of receiving the diagnosis, researching and comparing treatment options, undergoing treatment, and life after treatment.

Time: 9:00am – 1:00pm
Program Title: *Using the PECAT to revise Physical Education curricula to meet the specific needs of your community*

Presenter: Lois M. Mauch

Location: Somerset

Association: SCAPES

Description: Participants in this workshop will gain skills in using the CDC Physical Education Curriculum Analysis Tool (PECAT). It is designed to help schools, districts and individual schools conduct a complete analysis of physical education curricula. The tool uses the National Physical Education Standards as a base for developing new curricula or for modifying existing curricula that meet local needs. The PECAT is designed to help educators improve the delivery of quality physical education in schools.

Time: 10:00am – 10:50am
Program Title: *K-12 PA Directors Training - Collaborative Paths to Physical Activity*

Presenter: Lori Williams

Location: Windsor ABC

Association: SCAPES

Description: This program will explore the responsibility of the entire school to provide the physical activity to students. It will begin with an overview of the role of the school at all levels in providing opportunities for students to be physically active. Participants will then break out into three groups by grade level to develop ideas more specific to grade level. Break-out sessions to follow, see schedule.

Time: 10:00am-12:00pm
Program Title: *The Wonders of Skin, Looking Good, Being Healthy*

Presenter: Edward Diller

Location: Eton

Association: SCAAHE

Description: The Wonders of Skin is an interactive session that provides teachers with motivation to address skin health with their students. A range of compelling issues including nutrition and the skin, sun safety, diversity, dangerous fads (body piercing and tattoos), media awareness and health literacy while supporting essential knowledge and skills needed for life and academic success. Participants will be inspired to integrate skin health education into the school health curriculum. The presenters will provide samples of the “The Wonders of Skin: Looking Good, Being Healthy” curriculum and capacity building handouts.

Time: 10:00am – 10:50am
Program Title: *Quick Links to Teaching to the 2009 Health and Safety Academic*

Presenter: Christine Beyer

Location: Oxford

Association: SCAAHE

Description: Participants will explore searchable databases, scope and sequence charts, and model lesson plans to assist them in Health Education Classroom Instruction that are aligned with the standards.

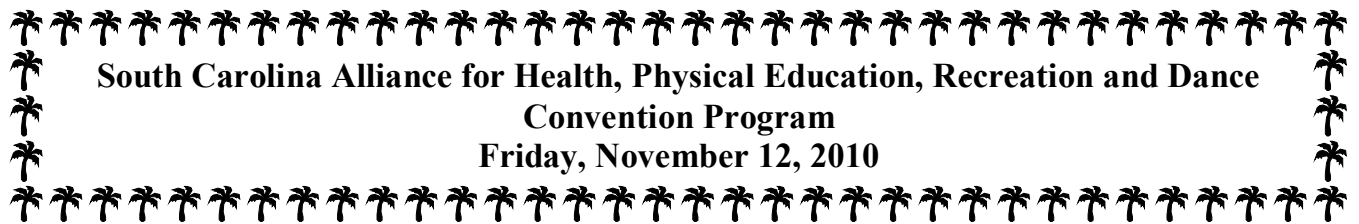
Time: 11:00am – 11:50am
Program Title: *"Texting" the Waters: How Young People Experience the World of Today Through Different Types of New Media*

Presenter: Taylor Wilson

Location: Oxford

Association: SCAAHE

Description: This session addresses new media and how it affects today's teens. The presentation will include information on new media types, the research on how it is being used by teens, the implications of the usage, how outdated laws are enforced with new media, and how correctly used new media can benefit youth serving organizations.


South Carolina Alliance for Health, Physical Education, Recreation and Dance
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Time: 11:00am – 11:50am
Program Title: *K-12 PA Directors Training - Collaborative Paths to Physical Activity Elementary Level Break out*
Presenter: Kym Kirby and Gina Barton
Location: Windsor ABC
Association: SCAPES
Description: The break out session will deal with how to increase PA at the Elementary level.

Time: 11:00am – 11:50am
Program Title: *K-12 PA Directors Training - Collaborative Paths to Physical Activity Middle School Level Break out*
Presenter: Tina Hall
Location: Hampton
Association: SCAPES
Description: The break out session will deal with how to increase PA at the Middle School level.

Time: 11:00am– 11:50am
Program Title: *K-12 PA Directors Training - Collaborative Paths to Physical Activity High School Level Break*
Presenter: Murray Mitchell and Pat Hewitt
Location: Winchester
Description: The break out session will deal with how to increase PA at the High School level.

Time: 11:00am – 1:00pm
Program Title: *What to do when Stress Happens!*
Presenters: Kathy Kent
Location: Kensington G
Association: SCAAHE
Description: From a minor hassle to a major crisis...stress happens! This purpose of this session is to identify the effects of stress on wellness and to explore various strategies for coping. Attendees will explore several stress management and relaxation techniques to help teachers and students “tame their tension.”

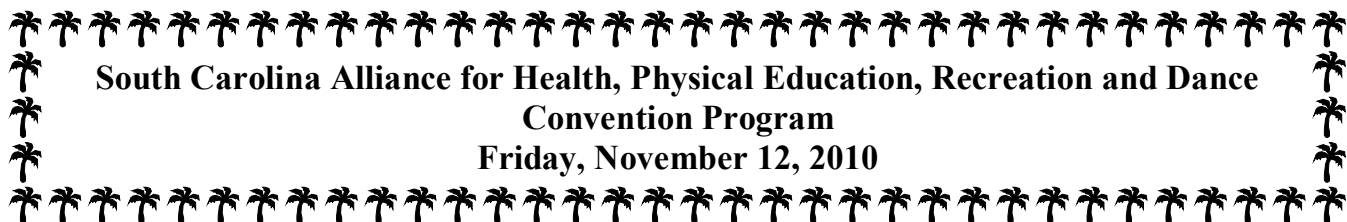


**To Visit our exhibitors
 open Friday and Saturday**

Time: 12:00pm – 2:00pm
Program Title: *Exergame Lab*
Presenter: Tim Meyler and Sandy Wilson
Location: Off Site at Coastal Carolina
Association: SCAPES
Description: This program will be held off site at Coastal Carolina University. The purpose of this session is to show a working exergame lab where you will be a participant in exergaming activities, such as a treadwall, cateye recumbent bicycles, XRboards, and other video technologies. Our presentation will show how physical education teachers can utilize video games as an innovative way of teaching physical education, motivating students to become physically active and pursuing physical activity through exergaming during their leisure time.

Time: 12:00pm – 12:50pm
Program Title: *Virtual Physical Education Programs – The Wild West of Physical Education*
Presenter: Tim Bott
Location: Winchester
Association: SCAPES
Description: The use of technology has changed the way we conduct our lives and it has significantly impacted education. The increasing popularity of distance education and E-learning lead to the development of online courses and in some states Virtual Schools (VS). VS were created to meet the diverse needs of students with the intent of providing quality-learning experiences in a non-traditional environment. The National Association for Sport and Physical Education (NASPE) published a position paper in 2007 that created guidelines for online physical education courses. The purpose of this session is to examine the degree to which virtual physical education programs are aligned with NASPE’s guidelines for online programs (including issues related to student learning and accountability).




South Carolina Alliance for Health, Physical Education, Recreation and Dance
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Time: 1:00pm-1:50pm
Program Title: *A.M. –Brain Building:
P.M. Family Fitness*
Presenter: Drexena Puza
Location: Eton
Association: SCAPES
Description: The AM activities have reduced discipline referrals dramatically and increased brain performance in the classroom. The PM program is the single best way to get parental involvement and integrate fitness and nutrition education. These additions to our school have created an excellent school learning environment.

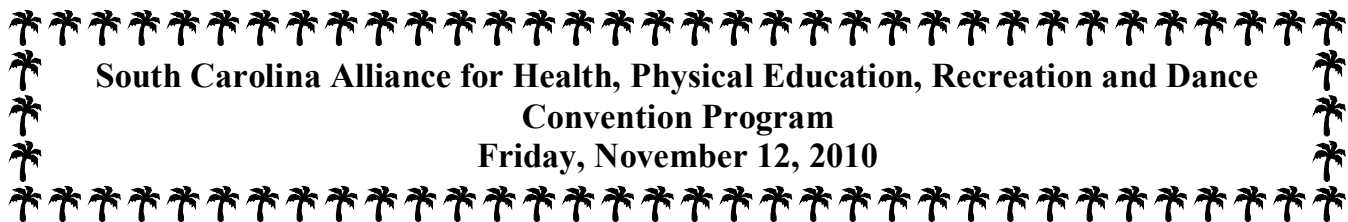
Time: 1:00pm-1:50pm
Program Title: *Healthcare Reform: What it means for Professional Health Educators.*
Presenter: Dave Brangan
Location: Oxford
Association: SCAAHE
Description: The new healthcare reform law brings promise of new opportunities for professional health educators, especially in prevention and wellness. New Health Promotion Councils will be formed and grants will be available within the next two years. Health educators need to be ready to be advocates for our profession and be a resource person in our communities.

Time: 1:00pm – 1:50pm
Program Title: *Coastal Carolina PETE Candidates Give Back to the Community through the “Walk” Mentoring Program*
Presenter: Sandra Nelson
Location: Winchester
Association: SCAPES/Future Professionals
Description: Come and learn about the excitement, responsibilities and rewards of mentoring an “at risk” student. The visionary “WALK” Mentoring Program at Coastal Carolina University, which has been presented at national and international conferences, will be highlighted. This will be followed with four physical education candidates sharing their mentoring challenges and successes within local schools.

Time: 1:00pm – 1:50pm
Program Title: *Effective Fitness Programs for School Age Students using the Body Bar Flex™ Exercise Bar*
Presenter: Gordon Brown and Lashaun Dale
Location: Kensington DE
Association: SCAPES
Description: Learn a variety of exercises routines and suggested ways these routines can be incorporated in Fitness Classes with a broad focus range from elementary age students through high school. The Body Bar Flex(tm) Exercise bar can be used effectively with students to effectively meet their physical education needs to build muscle strength, endurance, and coordination, plus flexibility and confidence.

Time: 1:00pm – 1:50pm
Program Title: *Integrating Fitness Concepts with Skill Development in the Elementary Physical Education*
Presenter: Francis E. McGillan
Location: Windsor ABC
Association: SCAPES
Description: Integrate fitness concepts with skill development when teaching elementary physical education classes in order to meet SC state physical education standards.

Time: 2:00pm – 2:50pm
Program Title: *A Low-Tech Option for Demonstrating Teacher Candidates' Competency in Motor Skills*
Presenters: Mel Horton and Susan Lynn
Location: Hampton
Association: SCAPES
Description: This session will demonstrate a low-tech option for PETE candidates to demonstrate competence in selected skills (NASPE Standard 2, Element 2.1). While more advanced options (i.e. Dartfish) exist, many programs and teacher candidates (TC) do not have access to such software. The purpose of this session is to show how TCs can show competence in many movement forms using a flip camera and PowerPoint software. The specific project and scoring rubric will be provided as well as sample TC projects. If time permits, presenters will demonstrate the process TCs used in creating the projects.


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Time: 2:00pm – 2:50pm
Program Title: *Live, Laugh, Love, Learn*
Presenters: Roger Frederick Puza
Location: Eton
Association: SCAAHE
Description: This session examines the 4 most important factors related to health and happiness. Each participant will gather teaching ideas and personal healing hints in order to live well, laugh often, love much, and learn daily. The facts will inform you. The stories will amuse you. The ideas will inspire you.

Time: 2:00pm – 2:50pm
Program Title: *HIV Prevention Education & Sexual Risk Behavior of SC Youth*
Location: Oxford
Presenters: Aaron Bryant and Delores Pluto
Association: SCAAHE
Description: Speakers will present the latest data about HIV/STI rates and sexual risk behavior trends of South Carolina's youths and an overview of the SC Comprehensive Health Education Act, which guides the teaching HIV/STI and teen pregnancy prevention in public schools.

Time: 2:00pm – 2:50pm
Program Title: *Healthy Active Writing*
Presenter: Dr. Mable Scott
Location: Winchester
Association: SCAPES
Description: Healthy Active Writing will share the importance of writing in lower grades and approaches to encouraging students to write. The program will share ways to get students to enjoy writing in all classes, especially physical education. During the participation segment of the presentation, participants will be allowed share with others how they have encouraged writing.

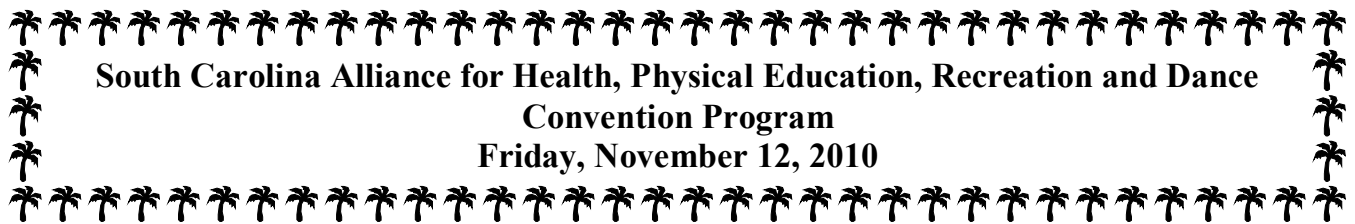
Time: 2:00pm – 2:50pm
Program Title: *Rock This Party*
Presenters: Bill Brude and Susan Flynn
Location: Kensington DE
Association: SCAPES
Description: Everybody Dance Now... move your body with us through funky, fun, high-energy dances. Energize your physical education curriculum with dances your students will LOVE. You can move to the groove with the best of them and Dance Like Nobody's Watching. Join in the fun and enjoy a great session.

Time: 2:00pm – 2:50pm
Program Title: *Let's Work Together*
Presenters: Jim Kamla
Location: Windsor ABC
Association: SCAPES
Description: Do you want to learn new games & activities that make your students work together? This is the session for you! We will present new games & activities that are based upon the idea of working together to achieve success! Attendees can expect to play, meet new people, and walk away with great new game activities.

Time: 3:00pm – 3:50pm
Program Title: *Using the Gmail System to Google Your Way to Fitness*
Presenter: Charlie Bowers and Tony Forte
Location: Hampton
Association: SCAPES
Description: Participants will learn how to use the Google gmail system to collect and analyze fitness data.

Time: 3:00pm – 3:50pm
Program Title: *Worksite Wellness: Planning, Monitoring and Evaluating*
Presenter: Jenna Pinkston
Location: Eton
Association: SCAAHE
Description: This session will discuss the elements of a Worksite Wellness program, how to monitor the effectiveness of the program and methods, techniques & resources used to evaluate the performance of the program.

Time: 3:00pm – 3:50pm
Program Title: *Using Children's Literature as an Impetus for Intergenerational Physical Activity*
Presenters: Dr. Lynda Nilges-Charles and Mary Katherine Dombek
Location: Winchester
Association: SCAPES
Description: Intergenerational programs are designed to link older adults with school children in activities that provide reciprocal benefit for both. Come explore how children's literature can be used to involve the young and old in collaborative creative movement that has the potential to enhance cardiovascular fitness, muscle strength and bone strength while developing positive intergenerational relationships.


South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Friday, November 12, 2010

Time: 3:00pm- 4:50pm
Program Title: *Billboards and Bandwagons, There's more to Advocacy*
Presenters: Lynn Hammond, Edie Ellis, and Lois Mauch
Location: Somerset
Association: SCAAHE
Description: This session will provide participants with an overview of the difference between policy and advocacy and how to advocate at various levels for health, physical education and dance programs. Participants will be engaged in skill building and message development to assist them in promoting their programs and linking them to school improvement efforts.

Time: 3:00pm – 3:50pm
Program Title: *Beach Games*
Presenters: Jason Hamil
Location: Beach Space Outdoors(moved to Pavilion if weather is bad.)
Association: SCAPES
Description: Participants will engage in three classic beach games- bocce, cornhole and paddleball. Participants will learn the rules and etiquette in order to enjoy these classic beach favorites! A beach games unit is a great way to conclude the school year.

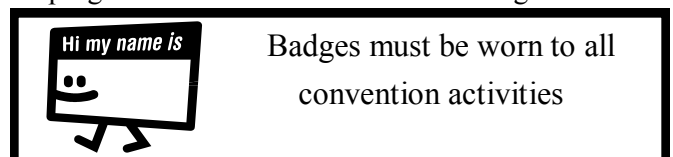
Time: 3:00pm – 3:50pm
Program Title: *It's Striking*
Presenter: Todd Seagle and Robin Brannon
Location: Kensington DE
Association: SCAPES
Description: Participants will use paddles, rackets and golf tubes to strike a variety of objects. Partner and individual skills will be the focus.

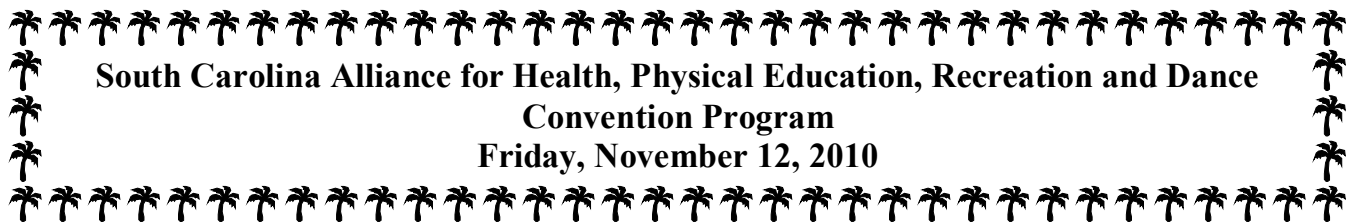
Time: 3:00pm – 3:50pm
Program Title: *Motivating Aggressive and Passive Students to Maximize Participation while playing Rebel Ball.*
Presenter: Debbie Holcombe
Location: Windsor ABC
Association: SCAPES
Description: Rebel Ball is a version of an ultimate game that we have adapted as our own game at Byrnes High School. Through the progression of the game I have developed a concept which creates maximum participation of students at all levels and everyone is happy. This concept can be used for other sports as well as basketball, volleyball, all ultimate sports, etc.

Time: 3:00pm – 3:50pm
Program Title: *Archery in Schools*
Presenter: Tammy Hodges
Location: Kensington F
Association: SCAPES
Description: Learn how to develop an archery program suitable for elementary through high school programs, including grant funding.

Time: 4:00pm – 4:50pm
Program Title: *PE Metrics: Assessing National Standards 1-6*
Presenter: Lori Williams
Location: Hampton
Association: SCAPES
Description: This presentation is designed to introduce PE Metrics, NASPE's elementary assessments for national standards 1-6. PE Metrics provides valid and reliable standards-based assessments and rubrics to measure student achievement of the national standards. A brief history of the development of the assessments as well as sample assessments will be offered.

Time: 4:00pm – 4:50pm
Program Title: *The Six Steps to Healthy School Program*
Presenters: Beth Graham
Location: Eton
Association: SCAAHE
Description: The goal of the Healthy Schools Program is to establish a healthy school environment as the norm and not the exception. To that end, the Healthy Schools Program supports schools in their efforts to create school environments that promote physical activity and healthy eating among students and staff – in the classroom, cafeteria, gym, hallway and schoolyard. Support to schools is based on the Healthy Schools Program Framework, a set of best practice criteria in the areas of nutrition, physical activity and school employee wellness, and the Six Steps to Creating a Healthier School Environment. This presentation will showcase Healthy Schools Program support available to schools and review best practices for a healthier school environment. In addition to a description of services, the presentation will highlight success stories from schools enrolled in the program and focus on how schools can get started.





South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Friday, November 12, 2010

Time: 4:00pm – 4:50pm
Program Title: *Developing and Enforcing Team Policies Guidelines for Athletic Administrators and Coaches.*
Presenter: Dr. Albert Bolognese and Dr. Charles Bowers
Location: Winchester
Association: SCAAHE
Description: This program will first discuss why team policies are necessary. It will then explain how to select and structure policies for athletes, coaches, staff, parents, and spectators. The final aspect of the program will inform how to communicate and enforce the polices you wish to incorporate.

Time: 4:00 pm– 4:50pm
Program Title: *Ultimate on the Beach*
Presenter: Jason Hamill
Location: Beach Space Outdoors(moved to Pavilion if weather is bad.)
Association: SCAPES
Description: Participants will initially learn the three basic throws in ultimate Frisbee. The majority of the session will be spent playing the game of Ultimate Frisbee, on the beach of course! In addition to learning the throws, participants will learn the rules and etiquette of Ultimate, including "The Spirit of the Game". Participants will also receive a list of resources.

Time: 4:00pm – 4:50pm
Program Title: *Speedminton*
Presenter: Dr. Suzanne Parker
Location: Kensington DE
Association: SCAPES
Description: Learn the basic skills to play the game of Speedminton. Learn how quickly Speedminton can be taught to elementary to college age students.

Time: 4:00pm-4:50pm
Program Title: *First Tee National Golf Program*
Presenter: Corine Esposito & Kathy Linton
Location: Windsor ABC
Association: SCAPES
Description: The participates will be encouraged to contact the First Tee program in their area, and to take the online golf certification. They can then teach the First Tee golf program in their school. The First Tee program also when send some of their "people" to help with their golf program at their school.

Time: 4:00pm – 4:50pm
Program Title: *A, B, C, - 1, 2, 3, Motor Development and Movement Activities for the Half-pint Size.*
Presenter: Sandy Slade
Location: Kensington F
Association: SCAPES
Description: The goals of this presentation is to develop perceptual-motor abilities of eye-hand and eye-foot coordination, laterality, directionality, body image and space awareness. To enhance sensory functioning involving visual, tactile, kinesthetic and auditory modalities. To develop basic skills, self-confidence, and a positive self-image. And for the child to have fun.

SCAHPERD Awards Ceremony

Friday at 5:00 PM in Kensington G

- SCAHPERD and Association Awards
- American Heart Association Awards
 - Superstar Awards
- Deal or No Deal and Name that Tune
 - Reception to follow

SCAHPERD General Session
Keynote Speaker

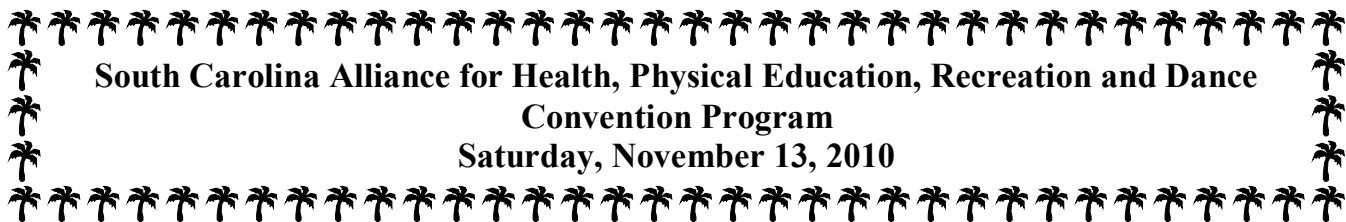
Dr. JoAnne Owens-Nauslar

Let's Move It! Meaningful Movement, Brain Development & School Success

Kensington G, Friday, 6:15-7:00 PM

- Dance to follow 8:00-10:00 PM

**Come Dance and Network.
Learn new dances & have fun with the old.**


South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Saturday, November 13, 2010



SCAHPERD IS
A SMOKE
FREE CONVENTION

Time: 8:00am – 8:50am
Program Title: *The College Health Campus: A support or an Impediment to Promoting Health Among Students.*

Presenter: Tami S. Ashford-Carroll
Location: Oxford
Association: SCAAHE

Description: Participants will be able to assess whether or not their institution has positioned itself to successfully impact health behaviors among its student body. Participants can then become more effective advocates of healthy environments for their students.

Time: 8:00am – 8:50am

Program Title: *Sport Stacking*

Presenter: Harry Thomas Smith
Location: Somerset
Association: SCAPES

Description: Learn the basics of sport stacking and how to start a program at your school. Top S.C. stackers will demonstrate their skills and participants will get hands-on practice.

Time: 8:00am – 10:00am

Program Title: *Movements Motifs*

Presenter: Dr. Mila Parrish
Location: Kensington DE
Association: SCDA

Description: Movement Motifs is an active participatory workshop for anyone interested in movement. Throughout the workshop we will inform participants on how to codify movement with symbols and explore curricular applications of this dance language. Workshop participants will learn to read, write, move and organize motif symbols to communicate through dance. This workshop is designed for K-8 Dance Educators, Physical Educators and classroom teachers. Within Movement Motifs, participants will create short motifs based on curricular topics. We will include activities such as: Hey, All Food Moves, Fantastic Frog Fiesta, Arctic Adventure, Circulatory Cycle, and Buzz the Hungry Honey Bee.

Time: 8:00am – 8:50am

Program Title: *Zumba*

Presenter: Jo Ann Uhl
Location: Windsor ABC
Association: SCDA

Description: Learn the basics of Zumba to take back to the classroom with you. Zumba is a Latin based dance.

Time: 8:00am – 8:50am

Program Title: *2011 Convention Planning breakfast Meeting*



Presenter: Kym Kirby
Location: Lobby of Embassy Suites
Association: SCAHPERD

Time: 8:00am – 8:50am

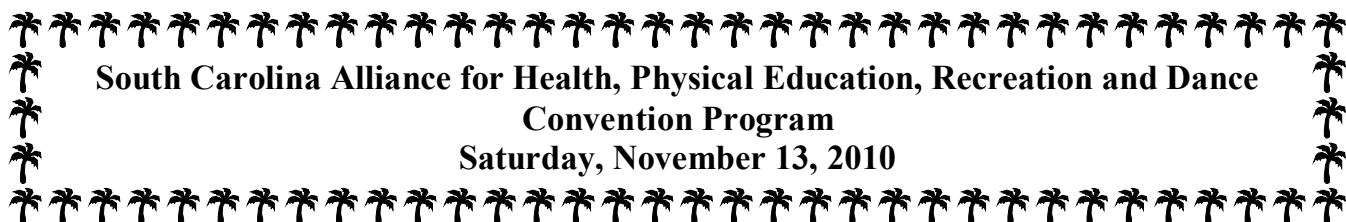
Program Title: *Brain Research and with Implications in your Program*

Presenter: Lois Mauch
Location: Eton
Association: SCAPES

Description: Medina (2008) & Sousa (2006) cite specific principles regarding how our brains learn. Research in the areas of Neuro Science and Evolutionary Biology support these principles (Ratey, 2008). The GeoMotion Intervention seeks to capture the application of some brain based learning techniques that could demonstrate a powerful educational effect and accelerate the process of learning. Come experience ways to Engage your students with a challenge to participate in learning activities centered around brain based principles and fitness curriculum. Upon returning home, participants will be able to use the activities provided to challenge their student's minds and bodies. The activities are designed with the NASPE Content Standards and Benchmarks. All activities are developmentally appropriate and allow for individual differentiated learning styles.

**Please turn off or mute
 your mobile phone**
While attending sessions
THANK YOU!


South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Saturday, November 13, 2010

Time: 8:00am – 8:50am
Program Title: *Using Trikkies*
Presenter: Sandy Wilson, Amy Vanderhoff and Alicia Hooks
Location: Kensington G
Association: SCAPES
Description: This active participation session will focus on using Trikkies (3 wheel carving vehicles) in your physical education program. Activities will cover an exploration of the Trikke, how to maneuver the Trikke as well as how you can implement the Trikke for a day or for a unit in your program. You can take a hike, ride your bike and now "rock and roll" your Trikke for fun and fitness after our session.

Time: 8:00am – 8:50am
Program Title: *Creative Basketball*
Presenter: Sandy Slade
Location: Kensington F
Association: SCAPES
Description: Roll up your sleeves - it's time to work! Sandy Slade will guide you through a basketball handling and dribbling workout. Learning, or for that matter, teaching basketball fundamentals can be very frustrating. By breaking down the drills into small, easy-to-attack segments, Sandy makes it easy to understand. The basketball skills you will learn will be invaluable, helping you in class.

Time: 9:00am-9:50am
Program Title: *Contemporary Jazz*
Presenter: Casey Noblett
Location: Windsor AB C
Association: SCDA
Description: Convention guest artist, Casey Noblett, presents a class in contemporary jazz.

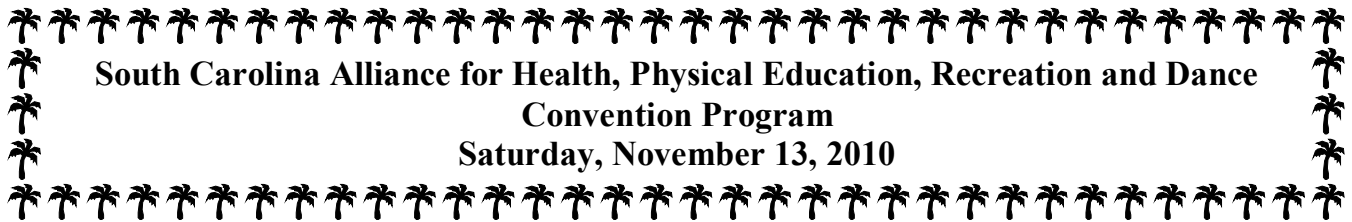
Time: 9:00am – 9:50am
Program Title: *Teens Drugs of Choice– What you need to know*
Presenter: Corporal Darren Austin
Location: Hampton
Association: SCAAHE
Description: Participants will be able to identify the top 3 teen drugs of choice, clarify the consequences of using and abusing alcohol, tobacco and other drugs and identify community resources to address substance abuse prevention.

Time: 9:00am – 9:50am
Program Title: *CATCH Successes in Greenville County Schools.*
Presenter: Penny Bostain
Location: Eton
Association: SCAPES
Description: CATCH (Coordinated Approach to Child Health) is finding success in the battle against youth obesity in Greenville County Elementary Schools. CATCH can help your students reverse obesity as well. Come learn about this "easy" to implement coordinated health program.

Time: 9:00am – 9:50am
Program Title: *"Texting" the Waters: How Young People Experience the World of Today Through Different Types of New Media*
Presenter: Taylor Wilson
Location: Oxford
Association: SCAAHE
Description: This session addresses new media and how it affects today's teens. The presentation will include information on new media types, the research on how it is being used by teens, the implications of the usage, how outdated laws are enforced with new media, and how correctly used new media can benefit youth serving organizations.

Time: 9:00am – 9:50am
Program Title: Best Practices for Jump Rope for Heart
Presenter: Kathy Kent
Location: Winchester
Association: SCAPES
Description: Best Practices for JRFH/HFH Events
 Due to the economic climate today, there are many obstacles for Jump Rope for Heart and Hoops for Heart coordinators to overcome. Participants will learn ways to work through these obstacles and benefit from the experiences and practices of other coordinators. Learn how to plan, organize, and generate excitement for your next Jump or Hoop event.





South Carolina Alliance for Health, Physical Education, Recreation and Dance

Convention Program

Saturday, November 13, 2010

Time: 9:00am – 9:50am
Program Title: *Intermediate Modern*
Presenter: Stephanie Milling
Location: Somerset
Association: SCDA
Description: Intermediate level of Modern Dance.

Time: 9:00am – 9:50am
Program Title: *Moving To Success: Integrating Game Tactics with Skill Progression*
Presenter: Dan Young
Location: Kensington G
Association: SCAPES
Description: The session will focus on integrating game tactics (invasion and net/wall games) while teaching game skill progression. Participants will be involved in both discussion and activity .



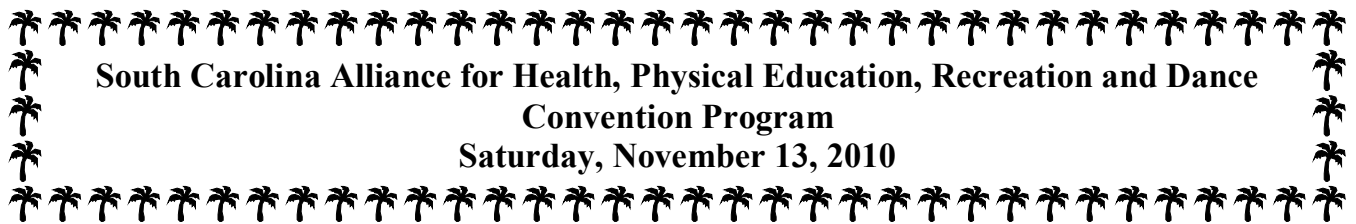
Time: 10:00 am– 10:50am
Program Title: *Advanced Modern Dance*
Presenter: Stephanie Milling
Location: Windsor ABC
Association: SCDA
Description: Advance level of Modern Dance.

Time: 10:00am - 10:50am
Program Title: *Creating Collaborative Communities University and K-12 school partnerships: Dance Etudes in Action*
Presenter: Gayle Etheredge
Location: Hampton
Association: SCDA
Description: We will demonstrate the processes of collaborative choreography from different schools. We will discuss the research design, analysis of data, and recommendations for future methods of collaborative communities' curricula in the K-12 curriculum.

Time: 10:00am – 10:50am
Program Title: *Low-tech Lessons in a High-tech World*
Presenter: Edith Ellis, Deborah Miller and Shelley Hamill
Location: Eton
Association: SCAAHE
Description: Low batteries? Computer crashed? Internet down? No worries! Join us for hands-on, interactive lessons that require no technology, minimal equipment , and can be implemented at a moments notice. These “low-tech” lessons will keep your students charged up and running, and in high spirits!

Time: 10:00am– 10:50am
Program Title: *Why Safe Routes to School Matter*
Presenter: Rodney Oldham
Location: Oxford
Association: SCAAHE/SCAPES
Description: Safe Routes to School programs enable community leaders, schools and parents across the United States to improve safety and encourage more children to safely walk and bicycle to school. In the process, programs are working to reduce traffic congestion and improve health and the environment, making communities more livable for everyone.




South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Saturday, November 13, 2010

Time: 10:00am– 10:50am
Program Title: *Green Toolkit*
Presenter: Brenda McCutchen
Location: Somerset
Association: SCDA
Description: Green Toolkit One shows how to magically jump-start critical and creative thinking (NSDE #4) as students rivet attention on the dance elements and the principles of design in dance works of master choreographers across cultures(NSDE #2). Toolkit One, "Viewing Dance--Vocabularies for Critiquing (2008)," systematically varies the Four-Step Critique to improve artistic perspective, build vocabulary, and increase comprehension and critical thinking. Use items such as this as scaffolds to boost your confidence teaching dance criticism and enable viewers to confidently describe, analyze, interpret, and evaluate dance works.

Time: 10:00am – 10:50am
Program Title: *Teaching Olympic Lifts to Middle and High School Students*
Presenters: Anthony Forte and Charlie Bowers
Location: Kensington DE
Association: SCAPES
Description: This session will present a safe and effective way to teach the Olympic-style lifts to your students and athletes. Proper progressions, technique, cues, and corrections will be covered for the clean, snatch, and jerk. In addition, the biomechanics and purpose of these lifts will be explained.

Time: 10:00am – 10:50am
Program Title: *Move It! Learn It! Meaningful Movement and Brain Development the Learnercise Way!*
Presenter: Dr. JoAnne Owens-Nauslar
Location: Kensington G
Association: SCAHPERD
Description: This session will focus on elementary activities that promote movement skills, social behavior skills, brain development, and activities to get classroom teachers to reinforce movement. Come prepared to move to improve.

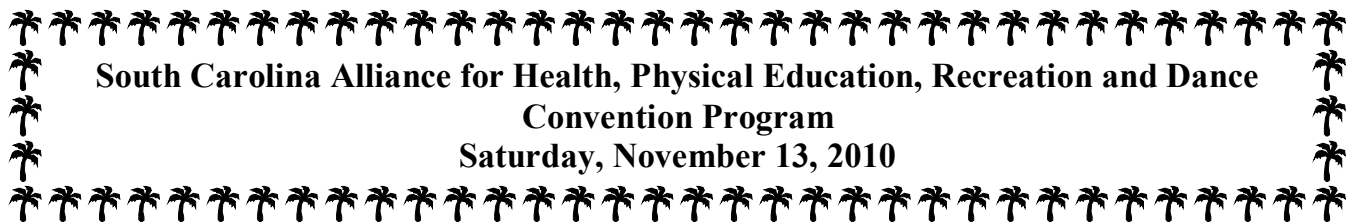
Time: 11:00am-11:50am
Program Title: *Advanced Jazz*
Presenter: Lauren Scott
Location: Windsor ABC
Association: SCDA
Description: Advanced level Jazz class.

Time: 11:00am – 11:50am
Program Title: *Surviving the First Year*
Presenter: Stevie Chepko
Location: Hampton
Association: SCAAHE
Description: Practical hints and suggestions for not only surviving, but also excelling in the first year will be the cornerstone of this interactive session. It will benefit both future professionals and novice teachers.

Time: 11:00am – 11:50am
Program Title: *Combating obesity: Fitnessgram and Activity Gram*
Presenter: Sarah Dean
Location: Eton
Association: Future Professionals
Description: Combating childhood obesity through school-based interventions requires not only fitness assessment, but also curriculum content that responds to that assessment data in meaningful ways. Teachers need program resources that not only help them improve students' fitness levels in the short term, but also yield positive long-term results.

Time: 11:00am – 11:50am
Program Title: *Are You An Askable Teacher When It Comes To Human Sexuality?*
Presenter: Dr. Darrel Lang
Location: Oxford
Association: SCAAHE
Description: Through the use of a multi-media presentation, participant will become aware of their attitudes toward human Sexuality education and also be shown a model of human Sexuality. The model addresses sensuality, reproduction identity, sexualization, cultur/society and intimacy.

Time: 11:00am – 11:50am
Program Title: *Double Dutch 101*
Presenter: Kathy Kent
Location: Kensington DE
Association: SCAPES
Description: Techniques for teaching Double Dutch and other long rope skills to beginners will be the focus of this workshop. Basic jumping and turning skills along with suggested progressions for teaching will be presented. Participants will also have the opportunity to practice the progressions for immediate implementation of these techniques in their rope jumping unit of instruction.


South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Saturday, November 13, 2010

Time: 11:00am – 11:50am
Program Title: *The “Walk” Mentoring Program of At-Risk Students by Coastal Carolina PETE Candidates*
Presenter: Sandra Nelson, Hunter Frye, Barry Carmichael, and Peter Phillips
Location: Winchester
Association: SCAPES/Future Professionals
Description: Come and learn about the excitement, responsibilities and rewards of mentoring an “at risk” student. The visionary “WALK” Mentoring Program at Coastal Carolina University, which has been presented at national and international conferences, will be highlighted. This will be followed with four physical education candidates sharing their mentoring challenges and successes within local schools.

Time: 11:00am – 11:50am
Program Title: *Preserving Culture Through Dance: Enrich Your Curriculum*
Presenter: Josey Templeton
Location: Somerset
Association: SCDA
Description: Embrace the cultures of the students in your classes and school. Use dance to enrich your curriculum and focus on standard 5. This session will provide sample lesson ideas you can use and resources you can utilize. Through your dance lessons, you and your students can learn more about the cultures represented by individuals in your school and community.

Time: 11:00am – 11:50am
Program Title: *PE Palooza: Dance*
Presenter: Dave Senecal
Location: Kensington G
Association: SCAPES
Description: Rhythms and dance are great activities that enable every student to be successful. I truly believe that rhythm and dance are the basis of all sport. I challenge you to think of a movement activity or sport that does not involve rhythm or timing. It is a trick question because every sport or activity involves some sort of rhythm. This is a very convincing way to spark the interest of all students in your class. As you will see in this program I will introduce a variety of activities that give the less skilled an opportunity to work at their own pace but allow the higher skilled to excel in the area of rhythm and dance.



South Carolina Alliance
for Health, Physical Education,
Recreation and Dance

Future Professionals of South Carolina

Time: 12:00pm – 1:00pm
Program Title: *Health Education Curriculum Review Team Meeting by Invitation Only*
Presenter: Chris Beyer
Location: Somerset
Association: SCAAHE

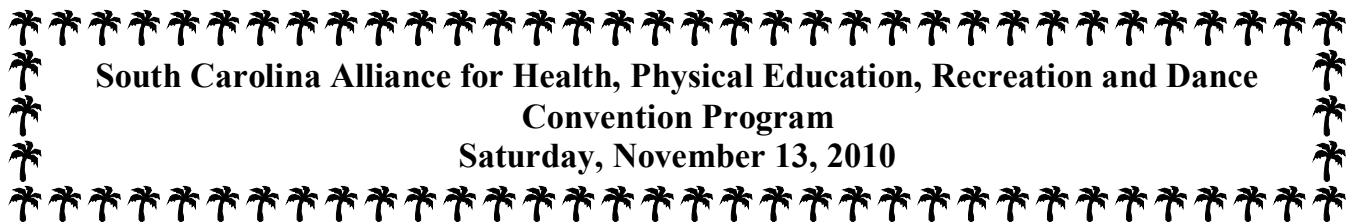
Time: 1:00pm – 1:50pm
Program Title: *Zumba*
Presenter: Jo Ann Uhl
Location: Windsor ABC
Association: SCDA
Description: Learn the basics of Zumba to take back to the classroom with you. Zumba is a Latin based dance.

Time: 1:00pm – 1:50pm
Program Title: *A New Decade with Revised Academic Standards for Dance*
Presenters: R. Scot Hockman, Stephanie Milling, Kara Corley, and Susan Woodham
Location: Hampton
Association: SCDA
Description: Catch up on the newly revised SC Academic Standards for Dance. Experts will share methods for implementing our new dance standards.

Time: 1:00pm – 1:50pm
Program Title: *Implementing C.A.T.C.H. in the Classroom*
Presenter: Celeste Schultz
Location: Eton
Association: SCAPES
Description: To share with other classroom teachers and administrators how to integrate CATCH and the difference CATCH is making in her students. CATCH (Coordinated Approach to Child Health)



To Visit our
Exhibitors on Friday and
Saturday


South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Saturday, November 13, 2010

Time: 1:00pm – 1:50pm
Program Title: *Hey that's not a stork! – The Fundamentals of Reproductive Anatomy and Contraceptive Technologies*
Presenter: Andrea Heyward
Location: Oxford
Association: SCAAHE
Description: An introductory session to reproductive anatomy. Participants will learn about both male and female reproductive anatomy, including how pregnancy occurs. In addition, this session will provide information on contraceptive technologies. Participants will be introduced to the five methods of pregnancy prevention, including common advantages and disadvantages for each.

Time: 1:00pm – 1:50pm
Program Title: *Praxis II: Transition to the Profession*
Presenter: Karen Smail and Andrew Lewis
Location: Winchester
Association: SCAAHE
Description: This session is designed to assist individuals preparing to take the PRAXIS II Examination. It will focus on providing participants with examples of questions from the Content Knowledge section of the examination. Additionally, tips and suggestions will be offered for taking the Movement forms essay questions based on videotapes.

Time: 1:00pm – 1:50pm
Program Title: *Health and Physical Education Update*
Presenter: Chris Beyer
Location: Somerset
Association: SCAAHE/SCAPES
Description: This session outlines the current statuses of state legislation and Department of Education activity related to legislative budget, curriculum framework documents and professional development opportunities for Health and Physical Education. Topics for discussion include, teacher certification, Physical Activity minutes, Physical Education teacher/student ratios and provisos.

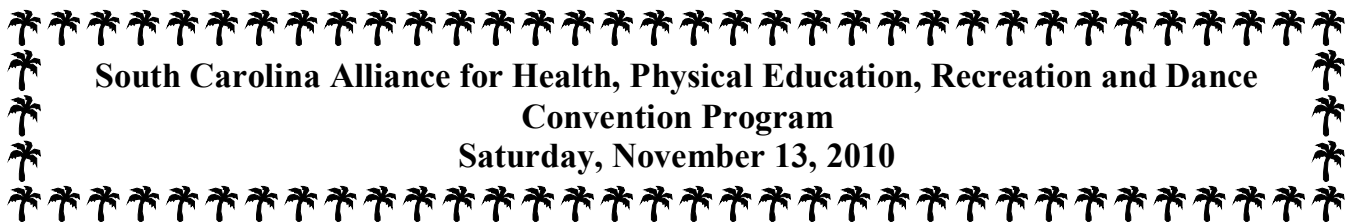
Time: 1:00pm – 1:50pm
Program Title: *Scholastics Large Group Activities*
Presenter: Sandy Slade
Location: Kensington DE
Association: SCAPES
Description: Teachers will participate in activities that develop perceptual-motor abilities of eye-hand and eye-foot coordination, balance, body and space awareness, and basic movement skills. They will learn cooperative games and sports and fitness skills that are non-competitive and appropriate for all ages. These activities will be appropriate for K-12 students.

Time: 1:00pm- 1:50pm
Program Title: *Dynamic Inertial Resistance Training*
Presenter: Gordon Brown
Location: Kensington G
Description: Dynamic Inertial Resistance (tm) exercising is an exciting new form of exercise. The exercises involve shaking or moving back-n-forth very quickly a light weight (under 2 pounds) flexible 48" long bar. Participants will learn how to perform several 'dynamic inertial resistance' exercise methods which can be effectively performed by students in elementary school thru high school with benefits being muscle tone and strengthening plus cardiovascular enhancement. The exercises can be performed by all students and are fun to perform.

Time: 2:00pm – 2:50pm
Program Title: *Advanced Jazz*
Presenter: Casey Noblett
Location: Windsor ABC
Association: SCDA
Description: Convention guest artist, Casey Noblett, presents a class in Advanced Jazz.



Time: 2:00pm – 2:50pm
Program Title: *Choreography*
Presenter: Eliza Ingle
Location: Somerset
Association: SCDA
Description: Dance Students of all levels will be able to explore some of the skills of making dances. Based on the elements of space, time and energy, students will work on original material and share it with others.


South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Saturday, November 13, 2010

Time: 2:00pm – 2:50pm
Program Title: *On A Shoe String Budget: Best Practices to Create a Healthy School Environment – Part One*

Presenter: Lara Peck
Location: Eton
Association: SCAAHE

Description: Want to create a healthy school environment and improve student health? Have no budget to do so? With coordination and support of faculty, staff, parents, and community partners, you can make a big impact on the health of your students at all grade levels! Join us to learn budget-friendly best practices to improve student health and academic achievement. Want more ideas? Join us on Sunday at 10:00am for Part Two of *On a Shoestring Budget!*

Time: 2:00pm – 2:50pm
Program Title: *PE Palooza- Small and Large Group GAMES*

Presenter: Dave Senecal
Location: Kensington G
Association: SCAPES

Description: The First part of this workshop is all about small group games. These games generally focus on 2-6 players and can be played almost anywhere. Small group games are neat because they require very little equipment but can be enjoyed by almost anyone any age. I have created games that develop loco motor, non loco motor skills, and most importantly manipulative skills. These skills are performed in small, non-threatening but infectious settings. With infectious, I mean the students want to do better and perform at a higher level. Normally I use these games in a station/centers format so the students receive numerous chances to perform a specific skill. However the beauty of the small group games is that it can be played at recess or at home with the family.

Time: 2:00pm – 2:50pm
Program Title: *Games That Get 'Em Movin'*
Presenter: Gina Hilts and Susan Vaughn
Location: Kensington DE
Association: SCAPES

Description: This workshop will provide you with high motivational games that increase the heart rate while reinforcing motor skills. These games are kid tested and fun, approved by all kids and their PE Teachers. Come join in the fun and fitness.



Time: 2:00pm – 2:50pm
Program Title: *Developing A Nutrition Lab*

Presenter: Tammy Hodges
Location: Winchester
Association: SCAPES

Description: Explore the possibilities of teaching nutrition and health in their high school courses. Students will use hands on learning experiences, food tasting opportunities, and technology to learn the concepts of nutrition and health.

Time: 3:00pm – 3:50pm
Program Title: *Repitory*

Presenter: Casey Noblett
Location: Windsor ABC
Association: SCDA

Description: Convention guest artist, Casey Noblett, presents a class in Repitory.

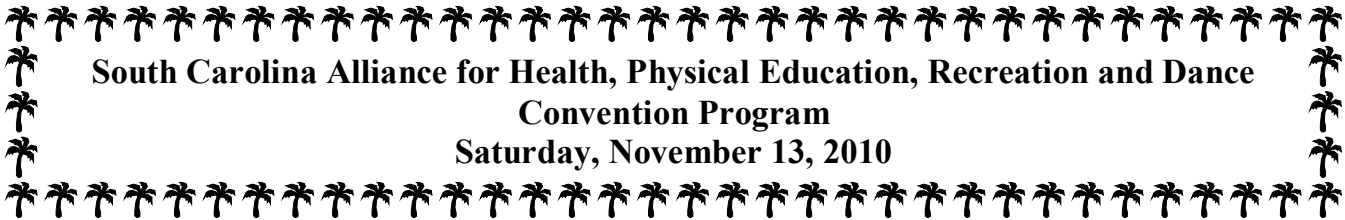
Time: 3:00pm – 3:50pm
Program Title: *South Carolina Dance Initiatives*

Presenter: R. Scot Hockman
Location: Hampton
Association: SCDA

Description: The SC Department of Education with many partners has developed numerous instructional materials to help you teach dance and implement standards. Come learn where you can access these and bring jumps, leaps, and springs into your classroom.



Badges are required to attend all SCAHPERD programs and convention events.


South Carolina Alliance for Health, Physical Education, Recreation and Dance
Convention Program
Saturday, November 13, 2010

Time: 3:00pm – 3:50pm
Program Title: *Healthy Schools + Healthy Schools= Success!*
Presenter: Lynn Hammond and Beth Barry
Location: Eton
Association: SCAAHE/SCAPES
Description: This session will describe two programs, The Alliance for a Healthier Generation and the SCDE Healthy Schools Program. Both are working to improve the health of students with a focus on improving school environments to support good nutritional choices and increased daily physical activity.

Time: 3:00pm– 3:50pm
Program Title: *Teaching Techniques for Spicing up Sex Education Lessons*
Presenter: Dana Becker
Location: Oxford
Association: SCAAHE
Description: Have too little time with too much to cover for comprehensive sex education? Want to make the most of your time and have the greatest impact to prevent pregnancy and STI/HIV among your students? Learn facilitation skills that are necessary for implementing evidence-based approaches to sexuality education with varying groups of young people.


Time: 3:00pm – 3:50pm
Program Title: *Funding School Sports Programs Through Sponsorship: Guidelines for Coaches and Athletic Administrators*
Presenter: Dr. Curt Laird & Dr. Al Bolognese
Location: Winchester
Association: SCAPES
Description: The purpose of this program is to provide coaches and athletic administrators guidance for funding their sports with corporate sponsorship.



Time: 3:00pm – 3:50pm
Program Title: *PE III Unified Schools*
Presenter: Diane Raabe
Location: Somerset
Association: SCAPES
Description: This is an advanced PE course designed for regular education students who want to help with Special Olympics and Special Needs Students in Unified Sports Programs including hands on practicum with emphasis with special needs students. Students will travel with the team to Unified Sports Functions.

Time: 3:00pm – 3:50pm
Program Title: *Intermediate/ Advanced Modern*
Presenter: Kristen Fiesler
Location: Kensington DE
Association: SCDA
Description: Join a class designed for intermediate and advanced dancers focusing on modern dance.

Time: 3:00pm – 3:50pm
Program Title: *Scatter Square Dance- The Rhythm Activity for Everyone*
Presenter: Cam Kerst-Davis and Tina Hall
Location: Kensington G
Association: SCAPES
Description: Put on your dancing tennis shoes and come learn a new way to teach your students square dance calls that will make them ask for more. Using traditional square dance calls, learn how to call in a scatter formation so students change partners often, stay moving, learn social skills, and discover how you can make this rhythm age appropriate from primary grades through adults. Don't worry having two left feet or no "rhythm". Everyone can do this! Come join us for fun and movement while learning "Scatter Square Dance".

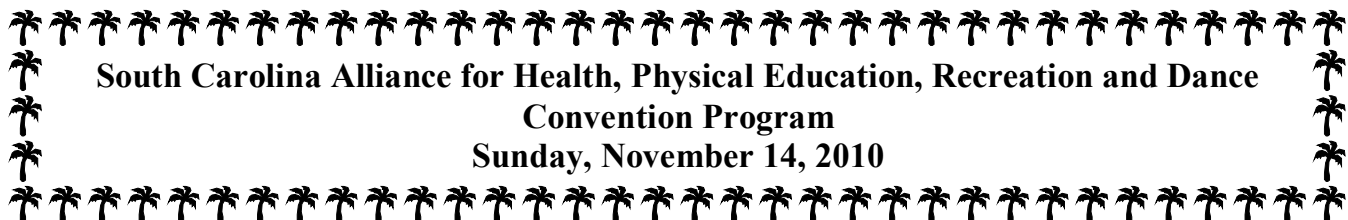
Association Business Meetings
Saturday, November 13th
4:00– 4:50pm
SCAAHE Eton
SCAPES Winchester
SCDA Hampton
FPSC Oxford




"KALEIDOSCOPE"


Saturday 7:30PM
at the Academy of Arts,
Science & Technology
895 International Drive, Myrtle Beach, SC

(Directions: Left out of Plantation, Right on Arrowhead, Left on Hwy 17, Right on Robert M Grisson Pkwy which turns into International Drive... about a 8-10 minute drive)



South Carolina Alliance for Health, Physical Education, Recreation and Dance

Convention Program

Sunday, November 14, 2010

Devotional in Winchester 7:30AM

Time: 8:00am – 8:50am
Program Title: *Warm up and Strength Training for Dancers*
Presenter: Kara Corley
Location: Windsor ABC
Association: SCDA
Description: Start the morning with a comprehensive warm up that includes stretches for the whole body and strength training.

Time: 8:00am – 9:50am
Program Title: *Geocaching Made Fun for Grades 5-12*
Presenter: Dr. Bonnie-jean Buckettt and Karen Carter
Location: Somerset
Association: SCAPES
Description: Geocaching is a high tech treasure hunting game. It crosses the entire curriculum while the students walk (or sometimes run) to the hidden “caches”. It is a lifetime family friendly activity that can be taught in grades 5-12. Come learn about the sport that has millions of followers, how to integrate the program into your curriculum, and try to find some of the caches hidden in the complex. The participant will receive examples of block plans for the 5th grade as well as the 9th grade.

Time: 9:00am – 9:50am
Program Title: *Stretch and Body Conditioning*
Presenter: Gretchen McLaine
Location: Windsor ABC
Association: SCDA
Description: This class will stretch and tone the body.

Time: 9:00am – 9:50am
Program Title: *Using the Gmail System to Google Your Way to Fitness*
Presenter: Charlie Bowers and Tony Forte
Location: Eton
Association: SCAPES
Description: Participants will learn how to use the Google gmail system to collect and analyze fitness data.

Time: 9:00 am– 9:50am
Program Title: *Aging: Wisdom from the Golden Girls*
Presenter: Deborah Miller, Edie Ellis and Shelley Hamill

Location: Oxford
Association: SCAAHE
Description: This interactive session will review the aging process and the challenges that individuals may encounter as they age beyond retirement. The importance of physical activity will be discussed. Come join the fun as the “Golden Girls” share their unique perspective on aging.

Time: 9:00am– 9:50am
Program Title: *Communities Putting Prevention to Work-Tobacco*

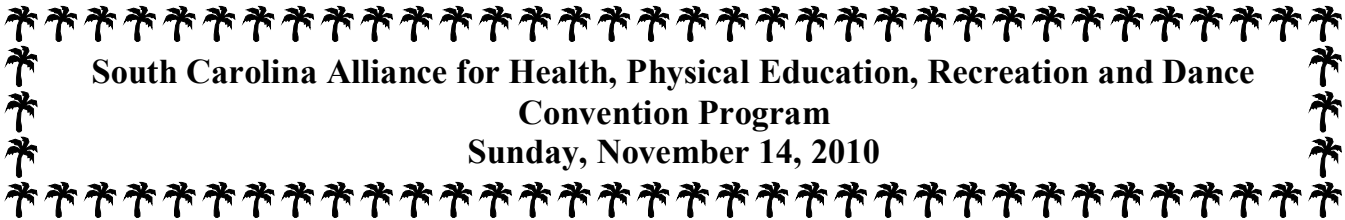
Presenter: Larry White
Location: Winchester
Description: Florence and Horry Counties were 2 of 44 communities across America funded to address tobacco prevention and control. This session will share the latest and greatest successes and challenges for a smoke free SC.

Time: 9:00am-9:50am
Program Title: *Try this it works!! Elementary Lead Up Games*

Presenter: Tammy Hodges
Location: Kensington DE
Association: SCAPES
Description: One of the most important strategies for teaching Physical Education is to get students moving as soon as they walk in the door. I will show you some of the ways I do that with my students. These activities are some of our favorites. I am sure they can be your favorites too.

Time: 10:00am-10:50am
Program Title: *Ballet Technique Class*

Presenter: Pamela O’Briant
Location: Windsor ABC
Association: SCDA
Description: This class is designed for all levels of dancers to focus on ballet technique.



South Carolina Alliance for Health, Physical Education, Recreation and Dance

Convention Program

Sunday, November 14, 2010

Time: 10:00am – 10:50am
Program Title: *On A Shoe String Budget: Best Practices to Create a Healthy School Environment – Part Two*

Presenter: Lara Peck
Location: Oxford
Association: SCAAHE

Description: Want more ideas to create a healthy school environment and improve student health? Join us (even if you missed Saturday’s Part One session) for more budget-friendly best practices to create a healthy school environment and improve student health and academic achievement in your school! With coordination and support of faculty, staff, parents, and community partners, you can make a big impact on the health of your students at all grade levels!

Time: 10:00am-10:50am
Program Title: *Teaching Game Skill Progression*
Presenter: Dan Young
Location: Kensington DE
Association: SCAPES

Description: Participants will explore strategies on how to integrate National and South Carolina Physical Education Standards while teaching motor learning tasks. The presentation will help teachers recognize the complexity of integrating all National/Sate Standards. It will also explain why it is so important for physical education teachers to successfully integrate the National Standards



SCAHPERD

Meeting Reminder



Join us at the
Annual
SCAHPERD
Business Meeting
Sunday at 11 am in
Eton
Everyone in
attendance will be entered in a drawing to
win a 2 night stay at the Embassy Suites
along with other great prizes.

SCDancing Festival
March 2012
More info to come soon!
www.scahperd.org





2010 SCAHPERD AWARD

Honor Award- Gina Barton

Gina Barton has been an advocate for quality physical education throughout her 26-year professional career. Currently, she is a professor and chair of the Department of Physical Education and Exercise Studies at Lander University. She has been a k-12 physical educator, a high school and collegiate coach and a teacher educator. In every role she has demonstrated an outstanding commitment to the individuals she has taught and coached and to the profession in which she has invested so much of her time, energy and talents.

Gina is especially passionate about training future professionals. She has been and continues to be teacher, mentor and motivator for countless physical educators in our state. The former student at Lander University who nominated Gina for this Honor Award stated that “Dr. Barton is the little voice inside numerous physical educators around the state who exemplify great teaching...She has taught us valuable teaching skills and personal attributes that one needs to be a quality physical educator and to impact the lives of the young people we serve...We knew her classes were going to be tough because she demands the best from you.” Her impact on her students goes beyond the classroom. Another student described her passion for teaching as being “contagious and the spark that she gave me, changed my life. I have a passion for what I do because of her.” Gina also believes that future professionals should be in the schools teaching “real” students often and has changed the curriculum at Lander to provide these extensive and intensive clinical experiences. In recognition of her excellence in teaching, she received the College Level, SCAPES Founder’s Award for Excellence in Teaching.

Gina has served the profession on numerous boards and committees at the state, district and national levels. She has been a contributing writer on several state and national standards and assessment writing panels as well as physical education curriculum guide writing teams. Some of her most noteworthy roles include: NASPE PIPEline Clinician, NASPE Writing Team (Cognitive Assessments for *PE Metrics*), Elementary Teacher Development Director, SC Physical Education Assessment Program, SDAAHPERD Convention Planning Committee, numerous SCAHPERD Committees, and SCAPES Vice President of Physical Education. As Elementary Teacher Development Director she organized and presented countless in-service training opportunities for South Carolina physical education teachers, exemplifying her service to promoting quality physical education in our state. One colleague stated “Gina’s service and dedication is unsurpassed.”

In addition to Gina’s contributions of teaching and service to the profession, she also finds time to do scholarly work. She currently has an article in press in *Research Quarterly for Exercise and Sport* and she has presented numerous research projects at state and national conventions. In recognition for her contributions she received the Southern Academy of Women in Physical Activity, Sport, and Health (SAWPASH) Young Scholar in 2004.

Her former student sums up Gina’s commitment best, “I’m telling you, she's one of a kind and she is the most dedicated person I know when it comes to physical education.” In recognition of her passion for training future professionals and promoting quality physical education”, SCAHPERD proudly presents the 2010 Honor Award to Dr. Gina Barton.

2010 ROBERT HAMPTON SCHOLARSHIP AWARD RECIPIENTS

Katherine Allyn Wong

Katherine Allyn Wong is a rising senior who is currently attending the College of Charleston studying both Anthropology and Dance. She has demonstrated a strong commitment to SCAHPERD's South Carolina Dance Association with numerous performances in the SCDA Dancing Festival and in Kaleidoscope. Her professors describe her as articulate, dedicated, analytical, and thorough with great initiative and organization. They describe her choreographic work in dance is well-developed and intellectual. Katherine has effectively taught classes and has been an excellent coach for those who struggle to master a specific dance skill. Her leadership skills are consistently evident as many young dancers look to her for guidance. She is certainly a highly deserving future professional and it is with great pleasure that SCAHPERD extend to Katherine Wong, the 2010 Robert Hampton Scholarship Award.

Morgan Wright

Morgan Wright is a senior majoring in the Teacher Education Program in Physical Education at Lander University. She is an active member of the Physical Education Exercise Science Club and is on the Leadership Team for the Baptist Collegiate Ministry.

Her professors have complemented her for her strong work ethic, eagerness to learn and willingness to excel in any educational environment. Morgan was recently honored by being asked to serve as a Teacher's Assistant for a sophomore level PETE class. Morgan has attended and participated in a number of professional conferences related to teacher education in Physical Education. She is a highly deserving future professional and it is with great pleasure that SCAHPERD extend to Morgan Wright, the 2010 Robert Hampton Scholarship Award.

Sarah Solesbee

Sarah Solesbee is a rising senior majoring in Physical Education at Anderson University. She is an active member of the Physical Education majors club, the Teacher Education club, and is currently serving as the head of the Athlete Outreach Fellowship of Christian Athletes. She has maintained an excellent overall GPA while participating on the Anderson University track team. She is also currently on the Anderson University Academic Honor Roll and the President's Honor Roll. Her professors describe her as highly attentive, motivated, and having a "heart of gold". She is always dependable, conscientious, and well-prepared for her classroom assignments. She is a highly deserving future professional and it is with great pleasure that SCAHPERD extend to Sarah Solesbee, the 2010 Robert Hampton Scholarship Award.

2010 SCDA AWARDS

President's Award-Ashley Stock

Ashley Stock has been teaching dance and theatre in the Charleston area for the past 12 years. She received her BA from the Theatre and Dance department at the University of Alabama and her M. Ed in Divergent Learning with a Fine Arts Emphasis from Columbia College. Ashley has performed and choreographed for theatre and dance companies throughout the east coast. Since moving to Charleston, Ashley has been performing and choreographing for the Robert Ivey Ballet and teaching in the Theatre and Dance Department at the College of Charleston. She also choreographs and directs plays and musicals for High School programs in the Charleston area. Ashley was the President of SCDA in 2009 and has loved being a part of this great organization. Ashley Stock has a wonderful husband and three young children who keep her extremely busy when she is not dancing, teaching or directing!

Advocacy Award-Scot Hockman

R. Scot Hockman is the Education Associate for the Visual and Performing Arts at the South Carolina Department of Education. Before working at the SCDE he taught art for 26 years at Irmo Middle School. He is a former chair of the South Carolina Art Education Association, South Carolina Alliance for Arts Education, and a former member of the Kennedy Center Alliance for Arts Education Network Leadership Committee. He has presented workshops for AEA, IBNA, NAGC, NAEA, NASCD, and KCAAEN. In 2003, he was recognized by the National Art Education Association as the Middle Level Art Educator of the Year.

SCAPES FOUNDER'S AWARD FOR TEACHING EXCELLENCE 2010

Teacher of the Year- Elementary Level-Gina Hilts

Gina Hilts is a Physical Education teacher at H.E. Corley Elementary School in Irmo, South Carolina. She has 15 years of teaching experience in the state.

Gina is a dedicated teacher that strives to have a successful program and an enthusiastic attitude for incorporating new ideas and teaching strategies. She tailors her Physical Education program to ensure that she offers a quality program as reflected in the NASPE standards and guidelines for the K-12 programs. Her well-planned, well-implemented lessons includes skill development, improved physical fitness, self discipline and improved judgment, and are developmentally appropriate for her students. Gina teaches with excitement, energy, and enthusiasm because she believes in what she is teaching, and her students see her “practicing what she preaches”!

Gina’s commitment to physical fitness and a healthy lifestyle goes beyond the teaching that takes place during regularly scheduled classes. She offers an intramural program before school, exercise buddies after school, and meets with families at a local grocery store to educate them on reading labels and making healthy food choices. Gina also volunteers at school PTO festivals by making the rock climbing wall available for families to use. She also makes additional connections with families at her school by attending student’s sporting events on the weekends and evenings.

Her service to the Physical Education profession is evident with her involvement at the national, state and local levels. Gina is an active member of AAHPERD, regularly attends and presents at the annual SCAHPERD convention, is currently serving as the Vice President of SCAPES, and is an active participant in her district’s Physical Education cohort group.

Gina is National Board Certified and has served as a National Board for Teaching Standards Assessor. She also piloted and served in every capacity for the South Carolina Physical Education Assessment Program, as well as teaching graduate level Physical Education classes and mentoring induction teachers.

Gina believes that she has a responsibility to serve as a role model for her peers, her students, and their families. She strives to lead by example by running with peers in the school neighborhood, making healthy choices during lunchtime, and having a “Me Board” outside the gym that allows her students to view pictures of her participation in activities such as soccer, softball, and spinning classes. Gina also participates in races and informs her students of the opportunities they have to participate with her.

Gina’s dedication to the Physical Education profession, District Five of Lexington and Richland Counties, H.E. Corley Elementary School, and to her students makes her an excellent candidate to receive the 2010 SCAPES FOUNDER’S AWARD OF TEACHING EXCELLENCE.



2010 SCAAHE AWARDS

Outstanding Contribution to Health Education Award- SAFE KIDS Upstate

The SAFE KIDS Upstate directed by Linda K. Brees, is located in Greenville, South Carolina, is being honored for its contributions and commitment to promote health and safety among the citizens, especially children, by their effective leadership and educational campaigns. This year marks their 15th anniversary and they have proudly announced that they have reduced deaths in children in the Upstate by 25% and reduced unintentional injuries by 17%! SAFE KIDS Upstate is led by the Children’s Hospital of Greenville Hospital System University Medical Center (GHS) and is the collaborative effort of a dedicated staff, coalition partners, sponsors, and countless volunteers. They have grown from one staff member to eight and from \$150 in philanthropic gifts to nearly \$500,000 and offer services to Greenville, Pickens, and Oconee Counties in South Carolina. Each SAFE KIDS program focuses on protecting children and families from a specific injury risk and the instruction aligns with *South Carolina’s Curriculum Standards Health and Safety Education*. The amazing efforts of SAFE KIDS Upstate definitely promotes health and safety for a lifetime of health and wellness and it is with great pleasure that SCAAHE extend to Linda K. Brees, the 2010 Outstanding Contribution to Health Education Award.

Outstanding Contribution to Health Education Award-

The SC Academic Standards for Health and Safety Education Writing Team

The SC Academic Standards for Health and Safety Education writing team consisted of the following individuals: Shelley Hamill, Co-chair, Deborah Miller, Co-chair, Duncan Howe, Kathy Kent, Beth Barry, Libby Maynard, Annie Dickerson, Melanie Webb, and Rhonda Garrett. The committee spent over nine months taking the recommendations of the review panel to a final product. This final product became the first ever *SC Academic Standards for Health and Safety Education* that provides grade level performance indicators for grades K-8 and high school. The entire process from initial review to approval took over eighteen months. The work of this committee was historic and provided to those in the field of health education a fundamental guide for recognizing the knowledge and skills students should acquire at each grade level. This document will certainly have a far reaching impact across the state for districts, schools, teachers, students, and parents. It will also have a national impact as other states look to South Carolina as a model and as publishing companies look at aligning their materials to various state standards. This document provides support for the implementation of the *Comprehensive Health Education Act* and sets the stage for the development of a curriculum guide for Health and Safety Education. This is an extraordinary group of professionals whose work has and will continue to have a lasting impact on health education in our public schools. It is for these reasons that SCAAHE recognize this team for the 2010 Outstanding Contribution to Health Education Award.

2010 SCAAHE AWARDS

Health Education Professional of the Year-Karen Fradua

For the past eight years, Karen Fradua has been a Health Educator for the South Carolina Department of Health and Environmental Control (SCDHEC) Public Health Region 2.

She has been a member of SCAAHE since she began her career at DHEC. In 2006, she was recognized as the SCDHEC Health Educator of the Year. Karen is currently serving as the Childhood Intervention Coordinator of Nutrition, Physical Activity and Obesity and serves as a key liaison between local and state efforts to curb the current obesity epidemic.

She has been instrumental in the development of the *Eat Smart, Move More, Grow Healthy Early Childhood Toolkit*. Karen has served admirably on numerous boards in Spartanburg County and she played a pivotal role in leveraging resources including the funding by the Robert Wood Johnson Foundation for an initiative entitled *Healthy Kids, Healthy Communities*. Karen’s community insight and knowledge of best practices were essential in receiving the grant.

She currently serves as the preventive health expert on the Boards of Directors of Hub City Farmers’ Market, Partners for Active Living, and Access Health Spartanburg. In recognition of Karen’s service and relentless energy, it is with great pleasure that SCAAHE extend to Karen Fradua, the 2010 Health Education Professional of the Year Award.

SC Public Health Association Ad

SCAHPERD PRESIDENTS

- 2010 Kym Kirby
- 2009 Deborah Miller
- 2008 Pamela O'Briant
- 2007 Bonnie-jean Buckett
- 2006 Stevie Chepko
- 2005 Pat Hewitt
- 2004 Gwen Massey
- 2003 Adelaide Carpenter
- 2002 Michael Monroe
- 2001 Gary Wilson
- 2000 Bonnie-jean Buckett
- 1999 Stephanie Richardson
- 1998 Barry Frishberg
- 1997 Richard Krejci
- 1996 Peter Santora, Jr.
- 1995 Josey Templeton
- 1994 John Farrelly
- 1993 Joanne Lunt
- 1992 Andrew Lerwis
- 1991 Patricia Caldwell
- 1990 Wenda Johnson
- 1989 Wenda Johnson
- 1988 Jay Lisk
- 1987 Ansel McMakin
- 1986 Marion Carr
- 1985 Tom Langley
- 1984 Veronica Yockey
- 1983 Joe Chandler
- 1982 Michael Collins
- 1981 Russ Pate
- 1980 John Smyth
- 1979 Lorraine Redderson
- 1978 Robert Hampton
- 1977 Mickey Taylor
- 1976 Melvin Ezell
- 1975 Joann Kemp
- 1974 Thomas Martin
- 1973 Diane Ward
- 1972 Diane Ward
- 1971 John Spurgeon
- 1970 Mary Ford
- 1969 William Painter
- 1968 Violet Meade
- 1967 Jack Johnson
- 1966 Lucy Staine
- 1965 Eugene Bricklemeyer
- 1964 Emily Evans Rector
- 1963 Warren Geise
- 1962 Ruth Reid
- 1961 Bill Dellastatious
- 1960 Frank Hill
- 1959 Maise Bookhart
- 1958 W.L. Carr
- 1957 Harley Coleman
- 1956 Harold Schreiner
- 1955 Fred Brown
- 1954 Ned Warren
- 1953 Joe Grugan
- 1952 William Sheerer
- 1951 E.T. Borders
- 1950 Arthur Fourier
- 1949 Lucille Bowers
- 1948 J.K. Blum
- 1947 Arthur Fourier
- 1942-47 Lucille Bowers
- 1941 No Convention(War)
- 1940 D.M. McNaull
- 1939 Priscilla Shaw
- 1938 Priscilla Shaw
- 1937 Frances Major
- 1936 J.H. Speer
- 1935 Julia H. Post
- 1934 Isabel Chappell
- 1933 T.J. Reames
- 1932 William Emory
- 1931 Thomas Gibson
- 1929 Helen Smith
- 1928 Helen Smith



SCAHPERD SCHOLAR AWARD RECIPIENTS

- 2005 Jerald Hawkins
- 2002 Murray Mitchell
- 1999 Gregory Dale
- 1994 Peter Werner
- 1992 Barry Frishberg
- 1991 Karen French
- 1989 John Spurgeon
- 1987 Murray Vincent
- 1987 Judith Rink
- 1987 Sandor Molar
- 1983 Russell Pate
- 1982 Gordon Howard
- 1981 Steve Blair

SOUTHERN DISTRICT AAHPERD AWARD RECIPIENTS

- | | |
|---------------------------------------|--------------------|
| • 2009 Secondary Teacher of the Year | Debbie Holcombe |
| • 2002 Secondary Teacher of the Year | Karen Carter |
| • 2001 Secondary Teacher of the Year | Pat Hewitt |
| • 2001 Honor Award | Josey Templeton |
| • 2001 Honor Award | Gary Wilson |
| • 2000 Elementary Teacher of the Year | Scott Diller |
| • 2000 Honor Award | Andrew Lewis |
| • 1998 Elementary Teacher of the Year | Adelaide Carpenter |
| • 1997 Elementary Teacher of the Year | Tommie Bowling |
| • 1996 Honor Award | Robert Hampton |
| • 1988 Honor Award | Gordon Howard |
| • 1987 Honor Award | John Spurgeon |
| • 1975 Honor Award | Mary Ford |
| • 1972 Honor Award | Harold Schreiner |
| • 1971 Honor Award | Alice Ruth Reid |
| • 1970 Honor Award | Maisie Bookhardt |



AAHPERD AWARD RECIPIENTS

- | | |
|---|--------------------|
| • 2010 Charles D. Henry Award | Andrew Lewis |
| • 2010 Honor Award | Stevie Chepko |
| • 2009 Honor Award | Andrew Lewis |
| • 2001 NASPE Secondary Teacher of the Year | Pat Hewitt |
| • 2001 Jump Rope for Heart Recognition | Adelaide Carpenter |
| • 2000 NASPE Award | Judith Rink |
| • 1999 Scholar Award | Russell Pate |
| • 1997 NASPE Elementary Teacher of the Year | Tommie Bowling |
| • 1981 Mable Lee Award | Russell Pate |



SCAHPERD HONOR AWARD RECIPIENTS

- 2009 Deborah Miller
- 2008 Stevie Chepko
- 2008 Sarah Jane Armstrong
- 2005 Richard Krejci
- 2004 Michael Monroe
- 2003 Stephanie Richardson
- 2002 James Faulkenberry
- 2001 Tommie Bowling
- 2001 Adelaide Carpenter
- 2001 Alain Charron
- 2001 Patricia A. Hewitt
- 2000 Joanne G. Fraser
- 1999 Pete Santora
- 1998 Judith Rink
- 1997 Nancy Bolden
- 1996 John Farrelly
- 1995 Andrew Lewis
- 1992 Pat Caldwell
- 1991 Marie Dawkins
- 1989 Ann Slater
- 1988 Joanne Lunt
- 1987 Joe Chandler
- 1986 Dan Young
- 1985 John Spurgeon
- 1984 Michael Collins
- 1983 Richard Hohn
- 1982 Diane Ward



- 1981 John Smyth
- 1981 Murray Vincent
- 1980 Robert Hampton
- 1980 Gene Styles
- 1979 Mickey Taylor
- 1978 Gordon Howard
- 1978 Joann Kemp
- 1974 Warren Geise
- 1974 Mary Griffin
- 1973 Oliver Dawson
- 1973 Sudie Love
- 1972 Emily Cate
- 1971 Mary Ford
- 1971 Patricia Seabrooks-Speights
- 1970 W. L. Carr
- 1970 Frank Feigl
- 1969 Lucy Staine
- 1969 Bill Dellastatious
- 1968 Gene Bricklemeyer
- 1967 Maise Bookhardt
- 1965 Turh Reid
- 1961 Arthur Fourier
- 1960 Lucille Bowers
- 1960 Eileen Moody
- 1950 Bill Scheere
- 1950 Julie Post



DANCE EDUCATOR OF THE YEAR AWARD

- 2009 Katherine Ingram
- 2008 Katy Strickland
- 2007 Michelle Crissinger
- 2006 Kara Conder Corley
- 2004 Jan Woodward
- 2003 Leonard Anderson
- 2002 Starke Ward



- 2001 Ellen Harrison
- 2000 Susan Woodham
- 1999 Ivy Hale
- 1998 Teresa Baker
- 1997 Cyndi Johnson
- 1996 Wrenn Cook


PAST SCAPES FOUNDER'S AWARDS FOR TEACHING EXCELLENCE

- ELEMENTARY LEVEL**
- 2009 Chris Holt
 - 2008 Marty Owens
 - 2006 Todd Seagle
 - 2005 Thomas Cronin
 - 2004 Tammy Hodges
 - 2003 Bonnie-jean Buckett
 - 2002 Gwen Massey
 - 2001 Kathy Manos
 - 2000 Karen Keatley
 - 1999 Scott Diller
 - 1998 Tracey Long
 - 1997 Adelaide Carpenter
 - 1996 Tommie Bowling
 - 1995 Linda Miller
 - 1994 Stephanie Richardson
 - 1993 Sandra Hawkins
 - 1992 Bonnie-jean Buckett
 - 1991 Lisa Frampton
 - 1990 Judy Elrod
 - 1989 Sarah Jane Armstrong
 - 1989 Regan Roberts
 - 1988 Scott Diller
 - 1987 Karen Keatley
 - 1986 Tom Davis
 - 1985 Kim Thomas
 - 1984 Susan Lynn
 - 1983 Nancy Robertson
 - 1982 Gigi Farrow
 - 1981 Mary Hines
 - 1980 Dan Young

- MIDDLE SCHOOL LEVEL**
- 2003 Jane Page
 - 2002 Renee Lemmon
 - 2001 Marie Dawkins
 - 2000 Lisa Davis
 - 1998 Debbie Bernhagen
 - 1994 Lori Florence
 - 1993 Lisa Davis
 - 1992 Judy Hopper
 - 1990 Debbie Bernhagen
 - 1990 Tom Davis
 - 1987 Johnny Calder
 - 1986 Vicky Parnell
 - 1985 Marie Dawkins
 - 1983 Ann Slater
 - 1982 William Grugan
 - 1981 Kathy Graham

- SECONDARY LEVEL**
- 2008 Debbie Holcombe
 - 2001 Karen Carter
 - 2000 Pat Hewitt
 - 1998 Cindy Kessler
 - 1996 Dana Riley
 - 1992 Karen Carter
 - 1990 Jeff Wyatt
 - 1986 Rubie Younce
 - 1985 Peg McMillan
 - 1983 Patricia Caldwell
 - 1980 Mary Ellen Grant
- UNIVERSITY/COLLEGE**
- 2004 Mel Horton
 - 2002 Gina Barton
 - 1996 Deborah Stevens-Smith
 - 1995 Silas Pearman
 - 1992 Deborah Miller
 - 1990 Jerald Hawkins
 - 1989 Kenneth Mosely
 - 1988 Joe Chandler
 - 1988 Andrew Lewis
 - 1987 Helen Timmermans
 - 1986 Peter Werner
 - 1985 Mickey Taylor
 - 1984 Judith Rink
 - 1982 Jean Hamilton
 - 1981 Dick Hohn




SCAHHE HEALTH EDUCATOR OF THE YEAR

- 2009 Shelley Hamill
- 2008 Kathy Kent
- 2007 Megan Weis
- 2005 J. Ron Faulkenberry
- 2005 Ellen Bouce
- 2004 Deborah Miller
- 2003 Melanie Webb
- 2002 Sandra Kammerman
- 2001 Leroy Frazier, Jr.
- 2000 Shelley Hamill
- 1999 Phyllis Thornthwaite
- 1998 Katherine Cason
- 1998 Barbara Jones
- 1997 Sharon Thompson
- 1996 Kelli Kenison
- 1995 Tena Hoyle
- 1994 Beth Barry
- 1993 Jennifer Vickery



- 1992 John Stephenson
- 1991 Ruth Saunders
- 1990 Ben Tolomea
- 1989 Donna Gutman
- 1988 Peter Lee
- 1987 Ann Slater
- 1986 Ruth Martin
- 1985 Jim Testor
- 1984 Gary Wilson
- 1983 Joanne Fraser
- 1982 Stephen Blair
- 1981 Zora Salisbury
- 1979 Linda Sloan
- 1978 Sherry Hill
- 1976 Betty Goldie
- 1975 Margaret Ervin
- 1974 Murray Vincent


2009-2010 JUMP ROPE FOR HEART/HOOPS FOR HEART AWARD

TOP 10 SOUTH CAROLINA JUMP ROPE FOR HEART/HOOPS FOR HEART SCHOOLS 2009-10

School:	Coordinator(s):	Amount:
1 Fort Dorchester Elementary (Dorchester)	Donna Williams	\$18,675.00
2 Aynor Elementary (Horry)	Ruby Allen	\$16,375.00
3 Jennie Moore Elementary (Charleston)	Jennifer Dawson	\$15,214.00
4 Lake Murray Elementary (Chapin)	Carmen Plemmons	\$14,140.00
5 Oakview Elementary (Greenville)	Jen Miller	\$13,724.00
6 Ashley Hall School (Charleston)	Franny Slay	\$13,424.00
7 Summerville Elementary (Dorchester)	Beth Phillips	\$12,984.00
8 Knightsville Elementary (Dorchester)	Leisa Harrell	\$12,941.00
9 Laurel Hill Primary (Charleston)	Sandy Ague	\$11,350.00
10 Lake Carolina Elementary (Richland)	Peter Wittig	\$10,612.00




AAHPERD PATHFINDER AWARD SOUTH CAROLINA RECIPIENTS


- 2004 Pat Hewitt
- 2002 Linda White
- 2001 Nancy Wilson
- 2000 Miriam Shelden
- 1999 Helen Timmermans
- 1998 Karen Carter
- 1997 Maeberta Bobb
- 1996 Peggy Barsed
- 1995 Kimberlee Shiubinski
- 1994 Mary Griffin
- 1992 Patricia Caldwell
- 1991 Margaret Dickert


ETHNIC MINORITY SERVICE COMMITTEE AWARD RECIPIENTS


THOMAS S. MARTIN AWARD

- 2005 Dan Young
- 2004 Robert Lindsey
- 2003 Clemmie Hill
- 2002 Stephanie Richardson
- 1995 Andrew Lewis
- 1992 Hazel Scott
- 1991 Shirley Houzer
- 1990 Victor Kerr
- 1988 Pat Gold
- 1997 Patricia Caldwell
- 1986 Milton Hunter
- 1985 William Funn
- 1984 Thomas Martin

THOMAS B. NELSON AWARD

- 2005 Suzette McClellan
- 2004 Lavell Thornton
- 2003 Sylvia Flint
- 2002 Renee Lemmon
- 1998 Serena Washington
- 1994 William Long
- 1993 Kenneth Sandiford
- 1992 Willis Means, Jr.
- 1990 William Roberts
- 1990 James McCollum
- 1988 Reginald Danner
- 1987 James Morrer
- 1986 Thomas B. Nelson

OLIVER C. DAWSON AWARD

- 2005 Doris Miller
- 2004 Sherry Bullock
- 2003 Peggy Barnes
- 2002 Kenneth Moseley
- 1998 David Mack
- 1997 Leonne Young
- 1994 Virgil Wells
- 1993 Roy Henderson
- 1992 Modie Risher, Sr.
- 1991 Alfred Duckett
- 1989 Nelson Brownlee
- 1988 William Senior
- 1988 John Walker
- 1987 Elizabeth Rose
- 1986 Oliver D. Dawson

2010 SCAHPERD ASSOCIATION OFFICERS

2010 SCAHPERD BOARD OF DIRECTORS

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President Elect	Eddie Ellis
SCAAHE President	Peggy Ondrea
SCAAHE President-Elect	Chris Beyer
SCAPES President	Tim Bott
SCAPES President-Elect	Todd Seagle
SCDA President	Stephanie Milling
SCDA President-Elect	Kara Corley
FPSC President	Brittany Williams
FPSC Vice President	Caron Henderson
Executive Director	Bonnie-jean Buckett
Governors Council	Jay Daniels
Parliamentarian	Josey Templeton
Administrative Assistant	Shannon Koch
FPSC Student Advisor	Karen Smail
Finance Committee Chair	Tracey Long



2010 SCDA BOARD OF DIRECTORS

President	Stephanie Milling
President-Elect	Kara Corley
Past President	Ashley Stock
Secretary	Katie Strickland
Treasurer	Needs to be filled
Dance Conf./Workshop Coordinator	Ashley Stock
Kaleidoscope Director	Stephanie Milling
Newsletter Editor	Stephanie Milling
Regional Coordinators	Jan Woodward, Brian Winn
Ex Officio	Wrenn Cook



2010 FPSC BOARD OF DIRECTORS

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Vice President	Caron Henderson
Past President	Tom Beck
Faculty Advisor	Karen Smail



**South Carolina Alliance
for Health, Physical Education,
Recreation and Dance**
Future Professionals of South Carolina

2010 SCAPES OFFICERS

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President-Elect	Todd Seagle
Past President	Tammy Hodges
Treasurer	Tracey Long

2010 SCAAHE BOARD OF DIRECTORS

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	Kristy Ackerman
	Trisha Collins
Awards	Richard Krejci
CHES	Suzette McClellan
Membership	Dave Brangan



PHYSICAL EDUCATION

VP PE Division	Susan Vaughn
VP PE Elect Divison	Gina Hilts
VP Sport/Wellness	Robin Brannon
VP Elect Sport/Wellness	Marc Camp
PE for Children Chair	Nick Issakson
Middle School PE Chair	Chuck Parker
Secondary PE Chair	Trish Wirszyła
Higher Ed./Prof. Prep Chair	Patrice Shearin
Adapted PE Chair	Mel Horton

SPORT/FITNESS

Athletics/GWS Chair	Linda Schoonmaker
General/Wellness Chair	Amanda Raines



2010 SCAHPERD President Elect Candidate

Cindy Heos

- Bachelor of Science from USC with a degree in Physical Education.
- Graduate degree in School Administration from Furman University
- Currently a Physical Education Teacher, Riverside Middle School
- Coaches volleyball and boys soccer
- Middle School Intramural Director
- Riverside Middle School Department Chair for Physical Education
- Assessment Writing Team
- SCAPES Officer



Thank You

To all of our Exhibitors



•American Heart Association

•Body Bar, Inc

•Dance Express

•Flaghouse

•GeoMotion

•Human Kinetics

•Myrtle Beach Segway

•Skillastics

•South Carolina Healthy Schools

•Smoke Free Horry

•South Carolina Public Health Association

•Speed Stacks

•Sportime



Visit the Exhibitors

Friday, 8am to 5pm and Saturday 8am to 3pm

*Lighting
the Way*



*Make sure to join us at
Kingston Plantation for the
84th SCAHPERD Conference
November 11-13, 2011*

Hotel Floor Plan

